

✓ OSTEOARTHRITIS CHECKLIST



Your Dog's Name: _____

Your Name: _____

COULD YOUR DOG HAVE OSTEOARTHRITIS?

This checklist will help your veterinarian identify your dog's activities and behaviours that might be signs of osteoarthritis (OA), a degenerative joint disease that can be painful.

Is your dog showing signs of OA-related pain?

Think about your dog's activity in the past month.
Check all of the signs that you've observed in your dog.

Limping after exercise

Lagging behind on walks

Slow to rise

Difficulty jumping

Feeling stiff

Difficulty with stairs



SCAN THE QR CODE

to watch a video on the signs of OA that your dog may be experiencing.

1. Do you think your dog shows signs of pain?

2. Have you noticed any changes in your dog's behaviour?

YES	NO
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>



Continued on the other side →

OA has both physical and emotional aspects.

For a dog, OA can be very painful. And, just like in humans, pain can negatively impact dogs not just physically, but also emotionally. The good news is that this pain can be managed.

Think about your dog's behaviour in the past month. This scale helps measure your dog's pain based on how your dog is feeling. For each statement, check the number that you think most accurately describes your dog.



Is your dog...	 My dog couldn't be less				My dog couldn't be more 			
	0	1	2	3	4	5	6	
Energetic & enthusiastic?	0	1	2	3	4	5	6	
Happy & content?	0	1	2	3	4	5	6	
Active & comfortable?	0	1	2	3	4	5	6	
Calm & relaxed?	0	1	2	3	4	5	6	

1. Reid J, Wright A, Gober M, Nolan AM, Noble C, Scott EM. Measuring chronic pain in osteoarthritic dogs treated long-term with carprofen, through its impact on health-related quality of life (HRQL). Vet Comp Orthop Traumatol. 2018; 31(S 01): A1-A6.

Sharing additional history can help your veterinary team help your dog.

	YES	NO
1. Has your dog ever been injured?	<input type="radio"/>	<input type="radio"/>
2. Have you ever given your dog medication for pain?	<input type="radio"/>	<input type="radio"/>
3. Has your dog gained weight in the past year?	<input type="radio"/>	<input type="radio"/>



VIDEO YOUR DOG

You may find it helpful to take a video of your dog's movements with your smartphone and share it with your vet.

Osteoarthritis can affect dogs of all ages, breeds, and sizes. If left untreated, the pain can become worse over time. This checklist is designed to help with the recognition of OA pain to help keep your dog happy and active. Your veterinary team will review the results of this checklist with you to identify if your dog might be suffering from OA, or to monitor how your dog is doing if he or she is already being treated for OA.